

## BRITISH AIRMEN SHOT GUNNERS

Daring Men Flew Low Over  
German Guns, Inflicting  
Much Loss

## BOMBED IMPORTANT MILITARY POSITIONS

In Addition, They Engaged  
German Aviators in  
Battle

London, March 23.—British aircraft during the fighting along the line in France Thursday materially aided the infantry forces below, killing or wounding many Germans with machine guns while flying at a low altitude, says an official statement. In addition, British aircraft bombed important military positions behind the line and aviators accounted for numerous German airmen in battles in the air.

## RESTRICTS RAILROAD PLANS.

McAdoo's First Act Under New Bill Is an  
Order Governing New Enterprises,  
Betterments and Purchases.

Washington, March 23.—The first act of Director General McAdoo after President Wilson signed the railroad bill, which provides a \$5,000,000 revolving fund and prescribes a basis of compensation to the owners during federal operation, was to issue an order restricting the railroads' capital expenditures to extensions and betterments absolutely essential under war conditions.

One of the first results probably will be an arrangement by which the government will participate in the meeting of \$43,000,000 notes of the New York, New Haven & Hartford Railroad company.

In his order yesterday Mr. McAdoo asked railroads considering extensions to be guided by the wartime necessity for conserving capital, labor and material, and by the idea that enterprises which might be meritorious from the standpoint of an individual line, may not be desirable now that the railroad systems have been unified under government control. He specified that construction of new lines or branches and purchase of locomotives or cars should not be undertaken without his approval.

Extension work contracted for before Jan. 1 may be continued. No work involving a charge of more than \$25,000 to the capital account may be started without the director general's approval. Enterprises requiring less than that amount do not require specific approval providing they are essential and are in conformity with a previously established custom of the road.

The railroad administration is expected to encourage railroads to float security issues for capital expenditures without government aid whenever possible, but in many cases a large part of the securities will be bought by the government.

## BRITISH FIRE

### GERMAN TOWN

Mannheim Fights the Flames When Gas  
Plant Exploded Last  
Monday.

Geneva, March 23.—Information has reached Basel that the British aerial attack of Monday upon Mannheim, Germany, did enormous damage in the city, causing several fires, that raged for many hours, especially in the vicinity of the railway station. A powder factory and a gas plant are reported to have exploded. The population, according to these advices, is panic stricken and many persons are leaving town and going to Switzerland, especially women and children.

The south German press is continuing its campaign against aerial reprisals, but the Berlin government is declared to show no disposition to negotiate.

## COAL PERMITS FOR CANADA.

Fuel Administration Has Issued Large  
Number of Them for Use in April,  
May and June.

Washington, March 23.—Permits for the months of April, May and June have been issued by the fuel administration to a large number of coal operators for exports of coal to Canada. C. A. McCreath, fuel controller for Canada, has been given the privilege of calling upon the fuel administration to issue permits to any shippers who may apply to him.

The administration announcement says the allotments of coal to Canada during the last season were upon the same basis as if Canada were one of the states of the union. In return, Canada furnishes coal to this country. Much of the product that is used in the northwestern parts of the United States comes from the mines of British Columbia.

## BAKER'S BREAKFAST COCOA

The food drink  
without a fault

Made of high grade  
cocoa beans skill-  
fully blended and  
manufactured by a  
perfect mechanical  
process, without the  
use of chemicals. It  
is absolutely pure  
and wholesome, and  
its flavor is deli-  
cious, the natural  
flavor of the cocoa  
bean.

The genuine  
bears this trade-  
mark and is  
made only by  
**WALTER BAKER  
& CO. Ltd.**  
DORCHESTER  
MASS.  
Established 1780

NEA U. S. PAT. OFF.

## "STRIKE OF DESERTERS."

Thousands of Them in Switzerland  
Refuse to Work.

Zurich, Switzerland, March 22.—(Correspondence of the Associated Press).—A "strike of deserters" has been in progress here for some weeks. The twelve to thirteen thousand deserters, mostly from the central empires, who have taken refuge in Switzerland are as rebellious as most of them refuse to work.

Until recently every deserter who could find his way across the frontier into Switzerland was given shelter with no other condition than that he pay his taxes and observe the law. The number continually increased and on the occasion of the riots in Zurich the federal authorities discovered that there were too many of these deserters among the leaders of the disorder. It was then decided to order a civil mobilization that would enable the government to round up all unemployed foreigners and set them to work.

The strike of the deserters followed this mobilization. The deserters pretended to the rights of asylum in the country without the obligation to work. They were supported by a certain element of the Swiss Socialist party with maximalist tendencies.

"We came here to escape servitude," the deserters said, "we reject all obligations of service, military or civil; we will obey no order and we summon the Socialist party of Switzerland to sustain us immediately."

The Socialist party of Switzerland met at Olten in general convention and, though sustaining the strikers in a platonic way, invited them to go back to work. Thereupon the deserters and the extremists of the Socialist party organized a sort of soviet in Zurich. Socialist members of the federal council are endeavoring to get the government to annul the civil mobilization decree but public opinion in a vast majority is stoutly opposed to any concessions to the deserters.

## HEARS OF PEACE TALK.

In Which Germany Is Strongly Inclined  
to Peace.

London, March 22.—Semi-official negotiations are on foot between Germany and the entente, in which Germany is displaying a strong inclination for peace. The Catholic newspaper, Nieuwsblad Van Het Zuiden, says it has learned, according to the Central News correspondent at Amsterdam.

## BOYS DROWN IN OLD WELL.

Two Bodies Found After an All-Night  
Search.

Portland, Me., March 23.—Searching parties yesterday found the bodies of Milward H. Bennett, aged five, and his brother, Richard, aged three, at the bottom of an old well. They had been missing since early Thursday afternoon.

The boys, sons of Mr. and Mrs. Richard Bennett of South Windham, did not appear at the supper table Thursday, exciting the alarm of their parents. A search proved futile and neighbors were called.

## MAY MEAN WAR ON BULGARIA

The United States May Be  
Forced to Take Such  
Action

## SINCE BULGARIANS ARE ON WEST FRONT

Berlin Reports Told That  
They Were Fighting  
the British

Washington, March 23.—Berlin reports yesterday that Bulgars are fighting on the west front aroused immediate speculation here as to the probability of the United States declaring war against Bulgaria.

If Bulgars participate in the west drive to such an extent as to insure their operation against Americans, a declaration of war is held inevitable.

## NO KU KLUX KLAN IN MILWAUKEE, SAYS GOVERNOR PHILIPP

Whoever Is Elected Will Be Inaugurated  
—Reply to Wheeler P. Blood-  
good.

Madison, Wis., March 23.—"Whoever is elected mayor of Milwaukee will be inaugurated," said Governor E. L. Philipp yesterday, in reply to Wheeler P. Bloodgood, Milwaukee, who said Thursday he intended to have Milwaukee placed under martial law in case of the re-election of Mayor Daniel Hoan, Socialist.

"Peace will rule in Wisconsin," declared the governor with emphasis. "No Ku Klux Klan will rule in Wisconsin, at least not very long."

## PRIESTS EXECUTED.

Suffer Death Penalty at Brussels for Al-  
lusion to Espionage.

London, March 23.—The execution in Belgium of two Roman Catholic priests on the charge of espionage is reported in Amsterdam.

Eight other priests, the dispatch says, have been sentenced to imprisonment at hard labor for life at Brussels on the charge of espionage.

## Sayings of Children.

A little girl of four had been ill and feverish for a few days. Her grandmother sent her a present of some very nice oranges and soda biscuits, both of which were very much appreciated by the small invalid. She asked a string of questions about oranges that would have gratified a teacher of nature study and wound up with "Who makes them?" Upon being told by her mother that it was God, she took a long suck of the juicy fruit, drawing a deep breath of satisfaction said, "My, doesn't He make good ones!"

Robert was at the zoo, standing awestruck before the cage of a big grizzly bear. "Gee," he said, "I bet God got all scratched up before He finished that fellow."

The Sunday school lesson was about the calling of the apostles. The teacher had explained that not only alive but in fighting trim when they get there. Where are we going to get the food to send them?

We have just one storehouse from which to draw, and that storehouse is in the fertile fields and the rich harvests of our own country.

Our troops abroad need food and sugar and coffee and tea and corn and meat—we must send them these things or be ready to bow our heads under the German heel.

There is no use blinking the fact a minute longer; the whole thing comes right down to the question of bread and meat and enough of it.

If we send all that we raise abroad what shall we do here at home? This is the time to begin to consider these things. We have been blind and dull of wit, and deaf and indifferent long enough.

From one end of this country to the other the people are beginning to realize what this question of food means. No wonder that the United States school garden army idea has taken such a splendid hold, not only in the imagination but of the stern, practical faculties of this whole country.

Five million school children mobilized into an army with officers and privates and sergeants with drill and hard work and good rewards and splendid service.

What child is there on the face of the globe who would not be proud and eager to be one of such an army?

Have the schools in your district begun to organize? Have you secured vacant land in your city to use for the garden?

Who is going to be captain of the first regiment in your town? You don't know. Why not?

Are you interested? You will be interested some day when that boy of yours comes home with a Chevrolet on his sleeve or your girl is making a first sergeant and wears a badge which tells the world that she is ready to do her bit for her country and her country's flag.

Why not interest yourself personally in this matter to-day? Why not make this a part of your duty to Uncle Sam?

Why WOMEN  
DREAD OLD AGE

Don't worry about old age. Don't worry about being in other people's way when you are getting on in years. Keep your body in good working order. You can be as hale and hearty in your old days as you were when a kid, and every one will be glad to see you.

The kidneys and bladder are the cause of most ailments. Keep them clean and in proper working condition. Drive the poisonous wastes from the system and avoid uric acid accumulations. Take GOLD MEDAL Haaslein Oil Capsules periodically and you will find that the system will always be in perfect working order. Your spirits will be revived, your muscles made strong and your face have once more the look of youth and health.

There is only one guaranteed brand of Haaslein Oil Capsules, GOLD MEDAL. There are many fakes on the market. Be sure you get the original GOLD MEDAL Imported Haaslein Oil Capsules. They are the only reliable. For sale by all first-class druggists.—Adv.

## NERVOUS EXHAUSTION

"FRUIT-A-TIVES", or Fruit Liver  
Tablets, Give Great Relief.



MR. WM. H. OSTRANDER  
385 Grant St., Buffalo, N. Y.

"I have been paralyzed on the whole right side since April 30th. I referred the case to a physician, who wrote me personally, advising the use of 'Fruit-a-tives'."

I bought three boxes and used them as directed. I am feeling fine—better than I have in the past nine months.

I would not be without 'Fruit-a-tives' for anything; no more strong cathartics or salts so long as 'Fruit-a-tives' are purchasable; no more bowel trouble for me.

I recommend 'Fruit-a-tives' to all. I feel more like 40 than 61, which I have just passed."

WM. H. OSTRANDER.  
50c a box, 6 for \$2.50, trial size 25c.

At all dealers or sent on receipt of price, by FRUIT-A-TIVES Limited, OGDENSBURG, N. Y.

## FALL IN LINE.

Get to Work in the Great Producing  
Army on the Land.

The United States school garden army is beginning to mobilize.

The whole plan has been carefully worked out and so far there hasn't been a single hitch in the program.

The secretary of the interior through the bureau of education is calling upon state and county superintendents of schools and also upon the governors of the different states, the mayors of the different cities, and school superintendents in cities, towns, villages and suburban communities, and asking everyone of these people to fall in line and get to work in the greatest practical volunteer campaign that has been started since the war began.

The Germans have organized their garden army years ago and just because they did do that very thing they have been able to laugh at the rest of the world for so long.

Every back of every bullet and behind every shell and under and over every cloud of poisonous gas and running every submarine and directing every aeroplane is a man who must keep up his energies with food.

We might as well send our men to the trenches to face cannons and airships and poison gas and explosives dressed in a suit of pajamas with nothing but their bare hands for weapons, as to send our army overseas without enough provisions to keep them not only alive but in fighting trim when they get there.

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## Topics of the Home and Household.

When making fudge to send away, mix chopped raisins with it. The raisins retain sufficient moisture to keep the fudge fresh for many days.

After you have scoured your brass andirons until they have taken on all the polish they will keep them bright for years.

A Moist Johnnycake.

One cup of hot rice, one cup of granulated Indian meal, one cup of flour, one-fourth cup of brown sugar, one rounded teaspoon of soda, sifted with the flour, a little salt, two cups of sour milk, one tablespoon of melted pork fat. Bake rather slowly, about three-quarters of an hour, or until it shrinks from the side of the pan. Turn bottom up on a bread board and leave a few minutes to steam. This recipe is an original one and will be liked very much.

Making Wartime Use of Rye.

By Americans rye has been looked upon rather as fodder than as human food. But in northern Europe rye bread has been almost the foundation of their diet, while rye porridge has taken the place of our oatmeal as a breakfast dish. The well known pumpernickel of Germany is made of rye.

In the matter of nutrition, rye is equal to the other cereals, while in bread making its gluten value is next to that of wheat.

It makes flesh and gives strength and endurance. In bread making, rye flour is generally mixed with some wheat flour as alone it is not only dark in gluten but apt to be too soft and soggy. A good proportion for bread dough is six pounds of rye to two pounds of wheat to two yeast cakes.

Such an admixture of rye in the use of wheat will save many pounds of wheat flour for the urgent needs of the allies. The growing of rye has been until recently limited to the eastern and northern half of our country, the principle production being in Minnesota and the states east of the Mississippi and north of the Ohio and Potomac rivers. Now, however, it is being cultivated in Nebraska, the Dakotas and Kansas while Indiana and Ohio are also beginning to sow it.

The increasing demand both at home and abroad for all cereals has increased the price of rye enough to make increased acreage advantageous. Heretofore, the average for rye has been from 2,000,000 to 2,500,000; but in 1917 nearly 4,000,000 acres were sowed in rye. It is not only easily grown but it can be grown in ground too poor for wheat, high and sandy soil being better adapted to its cultivation than the heavier clay.

Both the appeal of patriotism and its greatly increased market price are prompting the farmer of this country to put more of their land to rye. Millers are being urged to grind it and now the housewives of the country can do their part by learning how to use it as a wartime substitute. The following recipes will give variation to "wheatless" days.

Rye Bread.—One cup scalded milk, one cup boiling water, one and one-half teaspoons salt, one yeast cake dissolved in one-fourth cup lukewarm water, three cups flour, rye meal. To milk and water add salt; when lukewarm, add dissolved yeast cake and flour, beat thoroughly, cover, and let rise until light. Add rye meal until dough is stiff enough to knead; knead thoroughly; let rise, shape in loaves, let rise again and bake.

Rye Muffins.—One cup rye meal, three-fourths cup flour, one-fourth cup sugar, one teaspoon salt, five teaspoons baking powder, one cup milk, one egg, three tablespoons melted fat. Mix and sift dry ingredients; add milk gradually, egg well beaten, and melted fat; bake in hot oven in greased muffin pans 25 minutes.

Rye Drop Cakes.—Two-thirds cup rye meal, two-thirds cup flour, two and one-half teaspoons baking powder, one-half

## Peruna Relieved My Cough

I Feel as  
I Did  
Twenty  
Years Ago.



Mrs. Gertrude Elhardt, 21 East First  
street, Kewanee, Illinois, writes:

"I have taken six bottles of your Peruna for a cough, and I am all well. I went over to see a neighbor one day, and I had a terrible cough and my eyes were sore. She gave me half a bottle of Peruna last November, and it did me so much good that I bought a bottle, and then when I had finished that I got another, and so on until I have taken almost six bottles and I feel like a new

woman. I am fifty-nine years old, and since I have taken the Peruna, I feel as if I did twenty years ago. I will always keep Peruna in my house."

Those who object to liquid medicines can secure Peruna Tablets.—Adv.

teaspoon salt, one-half cup milk, two tablespoons molasses, one egg. Mix and sift dry ingredients; add milk gradually, molasses, and egg well beaten.

Instead of Bread.

"If you are hungry you can eat something else besides bread." That is the way mother's wise saying to the children should be interpreted for all of us now. Here are some of the things the United States food administration suggests that we can eat instead of bread.

Potato Patties.—One and one-half cups sliced boiled potatoes, two tablespoons grated cheese, three tablespoons thick meat gravy, one and one-half teaspoons onion juice, salt and pepper. Mix all together, place in greased ramekins and heat in the oven.

Sausage and Rice Cakes.—To one cup of cooked rice add one egg unbeaten and two tablespoons of cold cooked sausage. Mix well together and form into flat cakes. If the mixture is very soft add a little more rice. Brown lightly in drippings, being careful to have the fat well heated before adding the cakes. This amount will make six medium-sized cakes.

Rice Corn Pudding.—One tablespoon rice, one and one-half cups boiling water, one cup cornmeal, one tablespoon fat, two well beaten eggs, two cups milk, one teaspoon salt, one teaspoon baking powder. Boil the rice in the water for 10 minutes. Scald half the corn meal with the well beaten eggs. Then add the milk and the remainder of the corn meal, together with the salt and baking powder. Mix thoroughly and bake in a moderate oven 40 minutes.

Hominy Balls.—One cup cooked hominy, slight grating nutmeg, one egg yolk, salt as needed. Mix all well together and form into smooth balls the size of large English walnuts. If the hominy is very stiff it should be beaten up with two tablespoons of hot milk before the other things are added. Roll the balls in corn meal breadcrumbs then in slightly beaten egg white, and again in the crumbs. Brown in the oven. Dorothy Dexter.

Ohio's Big Coal Reserve.

The Buckeye state is still a large storehouse of coal, despite the 700,000,000 tons that have been mined.

Those who are interested in obtaining a general idea of the coal fields and coal resources of the United States will find interesting reading in Professional Paper 100-B, which has just been issued by the United States geological survey, department of the interior. This paper contains a description of the coal fields of Ohio, prepared by J. A. Boomer, state geologist, and a computation of the original tonnage of coal in the state before mining began, by F. B. Clark. It is the second part of a large report, which is intended to treat of all the coal fields of this country, exclusive of Alaska. Ohio is one of the great coal-producing states, standing fourth in the list, with over 22,000,000,000 tons to its credit in 1915, and also fourth in order in the total number of tons produced since mining began.

Since 1838 there have been mined in Ohio more than 700,000,000 tons of coal. This looks like an extremely large amount, but at the present rate of consumption, it would last the United States only a little more than a year.

In Professional Paper 100-B, Professor Boomer describes the beds of coal that have produced this large amount, together with beds not yet mined. Altogether the coal beds of the state, according to the figures of Mr. Clark, are capable of producing probably 86,000,000 tons in the future, when the demand will be so great that even impure coals and thin beds will be worked.

What Are You Going to Name It, Boys and Girls?

There is a new idea in the U. S. school garden army. It's this: What are you going to name your own little plot of ground, little sister, if you are lucky enough to have one of your own in your own back yard?

What are you going to call your potato patch, brother, you with the bright eyes that weren't so bright the day you went down to the station to see big brother off with his regiment?

Oh, yes, you fell in behind the soldiers and kept fine step to the music of the band and held up your head and felt big enough and strong enough to march a thousand miles and take a million German prisoners—but when he had gone and you went home and mother put her arms around you and laid her head on your shoulder and asked you to help her to be brave—something queer happened to your heart and you have never felt quite the same since, have you?

And now they are beginning to tell you in school about Russia and what a rich country it is and how many millions of men in food if the Germans really get possession of it—and at home sometimes your grown folks look pretty serious and you wonder if it could be possible—no, it isn't, and you are going to help make it impossible. You and those strong little brown hands of yours.

You and your brave heart and your loyal soul. You and your war garden that you are cultivating for Uncle Sam. You'll have good luck with your garden or good success with it. There isn't much luck in the garden business. It all just simmers down to hard work and the right kind of care, and it is going to be hard work, too.

Nothing easy about it; not a thing. You wouldn't want to be doing something easy, would you, with big brother in the trenches and Uncle Sam calling you to help?

There will be hot days when your back aches and you want to go swimming; and cool days when your knees ache and you want to curl up in the loft of the barn and read, and go out in the lot and play baseball, especially if you're a catcher and have a perfectly good catcher's glove; and you will have to stick to the garden and do your work for Uncle Sam.

What are you going to name that little garden of yours? I will tell you what I am going to name mine—mine is going to be called Sam Brown—because Sam Brown is a boy who never had a chance in his life till the war broke out, and then he saw his chance and took it, and he is over there in France to-day fighting for you.

and for me and for Uncle Sam, and I am going to name my little garden after him.

What are you going to name your garden? Who is the soldier you know? Who is the one you think of when you hear them singing "Over There" and "The Long, Long Trail"?

It's a long, long trail he's following, brave boy, a long, long trail and far away from home and those who love him—may he follow it till it turns and brings him home again. Home to love and shelter and friendship. Home to the old fireplace and the old books and the old songs at evening, and the little brother who has been so faithful to his memory ever since he's been gone.

And in the meantime let's name the little garden in our own back yard for him, so that if there is a county fair and some of our garden truck goes on exhibition the name of our particular soldier boy will be there at the booth for everyone to see—and remember.

Come, little sister, you are doing your part, too, and doing it faithfully whether you are tired or not; whether you wish you could go downtown and have an ice cream soda and forget that there was such a thing as a rake or hoe in the world. You are the comfort of your lonely father's heart nowadays. Where's that picture of the boy, in uniform? Your own particular soldier?

You wouldn't take anything in the world for it, would you? How handsome he is, and how brave. It makes your eyes fill with tears of pride even to think of his name—call your little garden after him and write to him over there in the trenches and tell him about it, and just wait till you get back his letter in reply. "Sam Brown," that is going to be the name of my garden.

What is going to be the name of yours?—Winifred Black.

How to stop dandruff and loss of hair with Resinol

Here is a